



# INSPIRE



Our Community



**MANNOFIELD CHURCH OF SCOTLAND ABERDEEN**

Registered Scottish Charity SC 001680



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[jraemannofieldchurchaberdeen@gmail.com](mailto:jraemannofieldchurchaberdeen@gmail.com)

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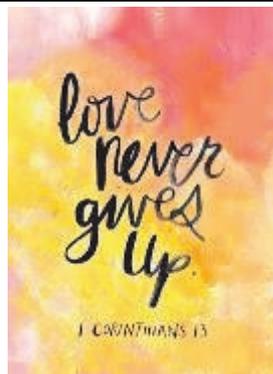
e-mail: law@lindsayandkirk.com

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## CHURCH CALENDAR APRIL/MAY 2017

Wed 5 April	10.30am	Midweek Service
Sun 9 April	10am	Palm Sunday Family Service
Wed 12 April	10.30am	Midweek Service
Thurs 13 April	7pm	Maundy Service
Fri 14 April	7.30pm	Good Friday Service at <b>Craigiebuckler Church</b>
Sun 16 April	8.30am	Easter Sunrise Service
	10am	Easter Sunday Family Service
Wed 19 April	10.30am	Midweek Service
Sun 23 April	10am	Morning Worship
Wed 26 April	10.30am	Midweek Service
Sun 30 April	10am	Morning Worship
	3.15pm	Craigielea Gardens service
	<b>4.30 pm</b>	<b>Café Church</b>
Wed 3 May	10.30am	Midweek Service
Sun 7 May	10am	Morning Worship



Dear Friends

In 2016 a new phenomenon arrived in our world going by the name of 'fake news'. Until this year I can't ever recall hearing this phrase but now it's impossible to escape!

Wikipedia informs us that, 'fake news' is a type of hoax or deliberate spread of misinformation with the intent to mislead in order to gain financially or politically, increase readership, promote online sharing and sometimes just to cause a little bit of mayhem. The deliberate making up of news stories to fool or entertain is nothing new. The arrival of Social Media, however, has meant real and fictional stories are now presented in such a similar way that it can sometimes be difficult to tell the two apart. Winston Churchill is attributed as saying, 'A lie gets halfway around the world before the truth has a chance to get its pants on'. Interestingly of course this statement was made long before the world could appreciate how quickly stories can be shared with a click of a button, an 'upload' or 'share'.

Long before Social Media (and the invention of the printing press) the world had the spoken word, the art of storytelling and the ability to converse and share. It is by this medium of conversation that the stories at the heart of the Christian Faith became established and were shared.

In the aftermath of Jesus' life on earth (which we know from sources outwith the Bible is a fact), the biographical account of Jesus' life, His words, works and encounters were established through the stories told by ordinary people. They were the witnesses to the momentous, magnificent, poignant and sometimes strange goings-on. Out of these accounts was born four Gospels and the writings of the early Church which form the New Testament that is so important to the followers of Jesus both then and now. Today Christians span the globe.

As we celebrate Easter within our Christian Calendar, the events surrounding the Cross, Death and Resurrection of Jesus remain a mystery. Despite these 'other-worldly' accounts, billions of people around our world are able to point to the Gospel as a source of Truth that provides foundation and encouragement for the whole of life and influences our day-to-day existence as Christians.

Yet for many others the accounts available and (in their minds) the lack of spiritual evidence apparent in their lives, are not enough to convince them that the story of Christianity is anything other than 'fake news'.

The Christian Faith brings many people a deep blessing in life. Cont. page 6

I feel too that Christianity has provided the world with so much that is 'good' in terms of influence and activity brought to bear on our societies and communities.

Yet still the world cries out for more and individuals all over the world long for some additional meaning, comfort and direction in their lives.

If you are struggling to believe be open and patient and trust that the universe will come to you and unveil the secrets at the heart of its mystery someday.

Know that in your local community you have a Church that is there to support you on the journey to discovering the 'Good News'.

This Easter I hope the wonderful message of the season touches your hearts. If you are already a believer grow stronger in your faith and be committed to encouraging others to know the God you know.

Best wishes  
*Keith*

### Prayer

Lord God of both the living and the dead, I know that I am mortal and one day I must die, but help me to live my life before I do.



Help me to measure my life as You do; to see myself as that unique element of creation made in Your image and held in Your immortal memory.

Help me to recognise my achievements; to see the legacies of love I leave in the lives of others and the difference that my life makes to those who love me.

Help me to embrace the opportunities of life that You send my way and to celebrate the lives of others that they may know their value too.

Amen

*Acknowledgement :This extract is taken from "Living Stones : Pray Now " and is used with permission."Living Stones" publications are available from [www.standrewpress.com](http://www.standrewpress.com)*

## COMMUNITY CLEAN UP

On 5 March twenty five enthusiastic volunteers from Mannofield Church went back out into our community to help clean up the local area. You may even have seen us at work!

Young and old were working together, as we were fortunate enough to be joined by the 44<sup>th</sup> Aberdeen Boys Brigade Company. We received many positive comments from residents about how much our efforts were appreciated. Thank you and well done to all involved, not only from the Outreach and Mission committee who organised the event but I am sure from the community too.  
*Louise Barrack*



## Mannofield Church Hall Lets



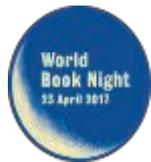
At Mannofield Church, we are delighted with our fantastic newly refurbished building and want to share it with as many people in our local community and beyond as possible. As part of our outreach programme, all of the different areas of the building are available to hire when they are not being used by internal Church groups. More information about rates and conditions of let is available on the Church website [www.mannofieldchurch.org.uk](http://www.mannofieldchurch.org.uk).

We have rooms suitable for smaller meetings. Two of these will soon be equipped with a monitor screen for use in making presentations etc. These rooms vary in size and can hold up to 25 people. Our main hall can be adapted for many purposes from sporting activities and exercise classes to children's parties to larger meetings or conferences and will also soon have multi-media facilities. The Sanctuary has been completely refurbished and transformed into a stunning space with great acoustics suitable for concerts etc. With the pews removed downstairs, the seating can be arranged to accommodate all sorts of events. Indeed we currently have exercise classes making use of the front of this area as it is easily cleared for this purpose. With our community café hopefully up and running shortly, a place to socialise after a meeting or class will be available during the day too!

If you are interested in holding an event in Mannofield Church, or would like to set up a regular meeting or class, email [letsmannofieldchurch@gmail.com](mailto:letsmannofieldchurch@gmail.com). I will be pleased to provide more information and check availability. *June Rae*

## Share the Joy of Reading World Book Night

The aim of World Book Night is to share the joy of reading with those who do not get the opportunity to read regularly. Every year on 23 April books are gifted through individuals and organisations. Mannofield Church would like to be involved this year and we are asking if you would consider donating a new (or nearly new) book. It was decided that rather than giving books to individuals, which is usually what happens, we would like to pool our resources so that we can donate a number of books to the Syrian Refugees in Aberdeen seeking to become more confident with the English language. We hope that people will donate a book, so that they can build up a library in the new premises in Crown Street. Ideally, it would be best to buy the book and CD packs, as listening is a great help for learners.



It has been recommended that we buy:

- ◆ Easystart book series (Pearson English Readers) You can buy on Amazon from £7
- ◆ Oxford Bookworms Library Starter Level (Oxford University Press) -graded for secondary and adult learners. Waterstones or Blackwells from £8

If you are uncertain about what books to buy, why not donate some money and the Outreach and Mission committee will buy the book for you. Any donations should be handed into the Church before 23 April.

At the 44<sup>th</sup> Boys Brigade we provide a balanced selection of fun activities, games and sport for children and young people from age 5 to 18 through all our sections. Run by a dedicated team of people our staff are fully qualified BB leaders and are all cleared to work with children and young people by Disclosure Scotland.

Anchors are a lively and enthusiastic bunch enjoying a variety of sports, games, crafts and stories each week. In January they tried some Burns food and listened to the Gruffalo in Scots. More recently they had a Superhero giant painting night, enjoyed junior unihoc and have decorated Valentines cakes. Food was also the theme on the Fudge and Football night where the boys made armpit fudge. They have also made use of some of the gymnastic equipment in a giant obstacle course. It was all timed and they were very competitive.



Juniors may be small in number but they are full of energy. They too do a variety of sports, activities and of course enjoy the weekly joke session. Recently they took part in a mini Burns Supper, had a wildlife and nature themed night where they made bug fridge magnets. They were also learning some BB history and designed a new BB badge. Recent games nights included unihoc and line runners. They have just started work practising their figure marching routine for the annual Bisset trophy.

The oldest Company Section enjoys a huge variety of activities, challenges and sports including unihoc and volleyball. Recently we had a couple of coaches from the Granite City Guerrillas dodgeball team along to polish up our dodgeball skills, with some exciting games. Recent badge work classes have included road safety, poster making and personal and internet safety.



The intersquad competition is ongoing and recently has included relay races, Pictionary, corner skills and giant XnOs. There is a dark night planned (all blindfolded or games in the dark) and an outdoor program in store for the summer months.

If all of this sounds exciting and you'd like more information or you know someone who might enjoy BBs please get in touch.

Send an email [info@40four.co.uk](mailto:info@40four.co.uk) or visit our website at [www.40four.co.uk](http://www.40four.co.uk).

Anchor Boys is for boys in P1-P3 and meets on Thursdays 6.00-7.00pm.  
Junior Section is for boys in P4-P6 and meets on Thursdays 7.00-8.30pm  
Company Section is for boys in P7-S6 and meets on Fridays 7.45-10.00pm.

Your BB adventure could start here - come and join in.

*Dave Tait, Captain*

## Eastertide Prayer



**Lord** -we pray this day and every day that the lost may sense Your footsteps, that the fearful may stand firm in You and that the lonely may recognise You.

**Lord**- we pray this day and every day for cold hearts to be warmed, for quiet courage to confront evil, for life in all its fullness to fill us and to set us free.

Food poverty is a national concern and it is increasing alarmingly. Foodbanks are even needed in “wealthy” Aberdeen.



It's not the work shy, the drug addict or the alcoholic who get food parcels, certainly not when we have been delivering! The needy, the working poor, single parents and those made redundant can all receive help.

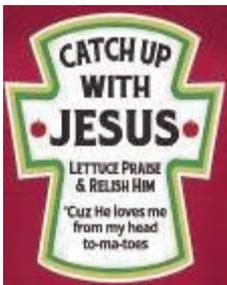
You don't have to wait until a Sunday or be a church member. The office is open Monday – Thursday mornings. Leave anything there and we'll take it to the depot.

**PLEASE** keep the Instant Neighbour box filled. Anything goes provided it is long dated and not perishable. **THANK YOU** for your donations so far. Much needed and much appreciated!!

*The Instant Neighbour Team*

# C.O.F.F.E.E.

Christ Offers Forgiveness For Everyone Everywhere



## 14 - 20 May Christian Aid Week

**We've been there for refugees since 1945.**

**We won't turn our backs now.**

The first Christian Aid week was 60 years ago when the priority was refugees across Europe in the aftermath of the Second World War. The situation seemed every bit as challenging as the refugee crisis now.

This year the priority again is refugees with millions around the world displaced from their homes because of war, conflict and disaster. Many have endured years of insecurity, have made the difficult decisions and dangerous journeys and are now struggling to survive.

**Can you help us bring security and comfort to those in need?**

Between 14 - 20 May we will put a red envelope through your door. Then a volunteer will come back to collect it. Mannofield volunteers covered 46 streets last year, raising an amazing £4345.

If you'd be willing to help out this year please contact Ann Kindness on ☎01224 319336 or [ann@aohs.uk.com](mailto:ann@aohs.uk.com)

When the days are less dark and cold we all tend to feel a bit better. Even just the chance to start pottering in the garden, or walking to the shops instead of taking the car, makes us all feel like winter is over and we can look forward to a long hot summer!



## Get fit for summer

Aberdeen is turning into a city of runners! Everywhere you go you see someone out running. There are groups popping up all over the city and we are even attracting big events such as the Great Aberdeen Run in August where there will be a Half Marathon and 10K run round the sights and sounds of Aberdeen city. We've all been on the couch and watched the Great North Run or the London Marathon – well now it will be our turn! This is fantastic for all the local runners and for visitors.

There are two Parkruns in the city, with others at Ellon and Stonehaven not too far away. Parkrun is a free timed 5K (just over 3 miles) for all abilities and ages. “I can't run for a bus” is a common quote. Well, why not go along to either Hazlehead Parkrun (Groats Road) or Aberdeen Beach (Bridge of Don end of the Prom) about 9.15am for a look. Chat to other runners there. Some of the stories are amazing and you will be truly inspired to join. Everyone ends up with a smile on their faces – once they've crossed the finishing line! It's not a race, apart from with your own self!

## Medicine Sick Day Rules

When you are unwell with any of the following:

- Vomiting or diarrhoea (unless only minor)

- Fevers, sweats and shaking

Then STOP taking the medicines listed below – restart when you are well (after 24-48 hours of eating and drinking normally).

If you are in any doubt, contact your pharmacist, GP or nurse.

- ACE inhibitors : medicine names ending in “pril” e.g. lisinopril, perindopril, Ramipril

- ARBs: medicine names ending in “sartan” e.g. losartan, candesartan, valsartan

- NSAIDs: anti-inflammatory pain killers e.g. ibuprofen, diclofenac, naproxen

- Diuretics: sometimes called “water pills” e.g. furosemide, spironolactone, indapamide, bendroflumethiazide

- Metformin: a medicine for diabetes

Feeling low, anxious or stressed? **Living Life** can help.

*Living life* is a free telephone service that could help you understand why you are feeling down.

Through guided self-help you can learn new ways of coping. Call 0800 328 9655 Mon-Fri between 1 pm – 9 pm.



The loneliness of the long distance runner  
Keith Blackwood?!

## Connected by our humanity

Happy Easter and congratulations to the entire congregation of Mannofield Church for your well-deserved winning spot in the Aviva community fund competition. Often politicians speak about how we can strengthen ties with our neighbours and build stronger communities, when really the best answers are outside of those parliamentary meeting rooms and chambers. The best way to encourage a community to thrive is by speaking to the people in it who work every day to do just that, and the most important part – listening to them. Empowering communities and giving groups the power to action exciting new projects consistently produces success stories.



Callum McCaig MP

One of the most appealing aspects of the Community Café in Mannofield is the recognition from the Church that loneliness and isolation can be so devastating not just for older people in our communities, but for carers and young families struggling to make ends meet. There are, however, other people in our neighbourhoods who benefit from a kind word and introduction to us. These are, of course people who leave their own country of birth and come to live in Scotland and make a life here.

Recently from Brexit to Trump far too much hatred and intolerance has come from people who should know better. The effects of discrimination can damage not just individuals, but community spirit too. It is now vital that those of us who are keen to see positivity and acceptance at the centre of our lives are vocal and speak out against hate and rejection of our fellow man. We are all connected by our humanity and desire for the same happiness and security for our families. I am so proud of the initiative and determination to do good that exists in Mannofield, and I congratulate that spirit of generosity and consideration that motivates this community and congregation.

*Callum McCaig MP*

## Embroidered Panel 2016

To commemorate the completion of the refurbished church the panel was lovingly stitched by ladies of the congregation from Fraser Beaton's design. Fraser is a former Elder of the church who has now retired to the Borders. He also designed the glass panels in the doors leading from the vestibule to the Sanctuary. As such the design complements both these and the existing stained glass windows in the Chancel.



It is a celebration of various aspects of our Christian faith with reference to periods in the church calendar: the birth, life, death and resurrection of Our Lord, set in juxtaposition with our church life at Mannofield today.

Central to the design is the cross, a reminder of the sacrifice that Jesus made for us, that in his Crucifixion He died, but rose again that we might live and have eternal life.

## CAFE CONNECT — Opening Soon

On 31 January the Church's Kirk Session approved proposals to convert the Centenary Hall to a Community Cafe.



With funding from the Barrack Trust and the Aviva Community Fund to meet the start up costs plus an extremely generous gift from an anonymous donor to underwrite the immediate operational costs, a company limited by guarantee was incorporated on 22 February.

Cafe Connect (Mannofield) Ltd, trading as Cafe Connect, is aiming to open its doors for business in April. The Company has 6 Directors - Keith Blackwood, Louise Barrack, Iain Hunter, Ann Kindness, Doug Marnoch and Roddy McColl who is also Company Secretary.

The Board is delighted to have secured the services of Kirsty Macrae formerly of Circles @ Mannofield. Kirsty and her well known team will bring a wealth of experience to this exciting venture.

In our successful Application to the Aviva Community Fund which resulted in us being awarded £5,000 we highlighted that the creation of this cafe would enable us to develop and engender community engagement, targetting loneliness and isolation. It will benefit the whole community including:

1. The Elderly
2. People with dementia and their carers
3. Young parents and their children

It is our intention that the community will have an easily accessible, local and inclusive venue to meet and experience a welcoming, friendly environment providing affordable, nourishing food.

Many within the community will have the opportunity to volunteer and feel useful in a very practical, enjoyable and rewarding way.

### Volunteers

Anyone interested in volunteering should write to Cafe Connect at Mannofield Parish Church or email to

[manager@cafeconnectmannofield.co.uk](mailto:manager@cafeconnectmannofield.co.uk) copying the email to

[secretary@cafeconnectmannofield.co.uk](mailto:secretary@cafeconnectmannofield.co.uk).



**A cup of  
coffee  
shared with  
a friend is  
happiness  
tasted and  
time well spent.**

**We look forward to welcoming you to Cafe Connect**



**Q. What is your age, occupation, marital status and family?**

**A.** I was born in a hamlet in East Yorkshire in the mid 30s. I was a nursing sister in many guises including a spell in the QARNNS (Queen Alexandra's Royal Naval Nursing Service). I was married to Bob from Aberdeen who sadly died four years ago. We were lucky to have two sons and a daughter.

**Q. What is your favourite verse from Scripture and why?**

**A.** My favourite verses are Matthew 5: 3 -6 known as the Beatitudes. The words are so wonderful:

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

**Q. Who is your favourite character from the Bible and why?**

**A.** Ruth. From being a little girl I loved this story. What a wonderful person she must have been to leave all that was familiar and follow her mother in law to a new land.

**Q. What motivates you spiritually?**

**A.** To help others in any way I can.

**Q. What was the best piece of advice you've ever been given?**

**A.** From my mother. Not to do things that would hurt others.

**Q. Who is your favourite fictional character and why?**

**A.** Elizabeth Bennett from Pride and Prejudice by Jane Austin. She was not afraid to admit when she was wrong about people.

**Q. What are you afraid of?**

**A.** Technology going wrong!!

**Q. If you could choose a profession that you would like to try what would that be? Why?**

**A.** A detective like my father. He not only solved crimes but helped people to rehabilitate.

**Q. If you could change something about yourself, what would it be?**

**A.** To be more positive about public speaking.

**Q. If you could travel back in time, where would you go?**

**A.** The 1920s which was a great time for change. All women got the vote. Fashions were fun and it was a time of peace.



**Q. What would you do if you ruled the world?**

**A.** I would hope to get people to live in harmony with one another, no matter what colour or creed.

**Q. On what purchase have you spent most apart from a car or property?**

**A.** Holidays!!

**Q. Who was your favourite teacher and why?**

**A.** Miss Adcock who taught me basic needlework and cookery. I can still hear her say 10 minutes to make and 10 to bake when making scones.

**Q. Who or what is the love of your life?**

**A.** My husband

**Q. What is your most treasured possession?**

**A.** My engagement ring.

**Q. What has been your greatest achievement?**

**A.** It is a privilege to have a family and in my working life to have met and cared for people from many countries and faiths, from the homeless to those who had great wealth. From looking after the 92 years old lady who when 18 years old escaped from the Tsar's court just before his assassination, to the Jews who escaped from the Holocaust and all the other wonderful people I have met through life and taught me so many things.

### **Better health for people**

It is hard to believe Easter has come around so quickly. With such a busy start to the year and so much going on in the community the time has really flown by. I take a keen interest in the day-to-day activity within our neighbourhoods across my constituency and often I focus my observations on how we facilitate better health for people.



**Maureen Watt MSP**

Over the past few years some of you will have seen great efforts being made to encourage more community defibrillators to be installed at various businesses and sport and leisure facilities. The Scottish Ambulance service has been working with the British Heart Foundation to find locations where these devices will come in useful and have even been providing community training for them.

However recently a new challenge has presented itself and that is that many independently bought community defibrillators are not registered with the ambulance service. So we must all ensure groups who purchase this lifesaving equipment register it with emergency services.

Easter falls at a time when some of us may be getting a bit more health and fitness conscious as we look forward to summer holidays and perhaps want to feel that bit slimmer and healthier in the sunshine.

A lot of attention is rightly given to healthy eating and being active and I am delighted to see Mannofield church is setting up its own jogging and running club (see the Church's Facebook page for information) and is encouraging the congregation to come together to support each other's fitness efforts. We all benefit when we look after our heart health and whilst fitness is something we have to take responsibility for ourselves, I have been working to ensure our local services are improving in other ways to assist that.

## “Make it happen”

I reflected in the first article I wrote for the Church magazine in December 2013, about becoming a Councillor and the privilege of holding such an honoured position in society and how it gives me the opportunity to make a difference to the quality of life for people not only in my local area but across the city. I still feel this way today as I continue to work tirelessly in and for my community and in my determination to represent and deliver for the citizens of Aberdeen.



Angela Taylor

Since 2012 our local play parks have benefitted from £210,000 of investment and our local Library at Airyhall has had a £250,000 refurbishment.

I am also very proud of the achievements of the Council with five years of balanced budgets with no cuts to front line services. Indeed, as I have reported before we have a capital spend of £145million on Education with new schools being built throughout the city. I was also thrilled to have recently announced the name of our new Centre of Excellence, for children with the most severe and complex needs, and those children and young people with additional support needs. “Orchard Brae” will open in August and it will be the first facility of its kind in Scotland.

We can also look forward to the re-opening of Aberdeen Art Gallery, the Music Hall, Provost Skene’s House and the new £330m Aberdeen Exhibition and Conference Centre. Work is also commencing on enhancing our much loved Union Terrace Gardens – an investment of £20million which will see improved access and activity whilst conserving its rich heritage.

Now in its fourth year, SPECTRA, the award-winning festival of light proved to be a fantastic success with visitor figures doubling this year – 63,000 people attended the four-day programme. As well as the obvious cultural and social value that events of this scale bring, we cannot overlook the significant economic benefits.

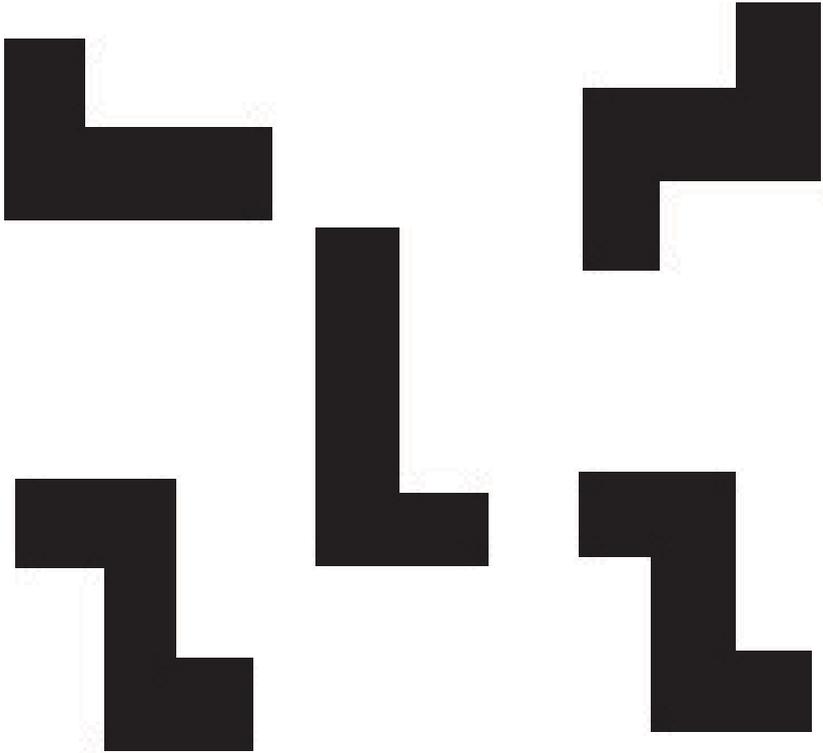
Our city has a lot to be rightly proud of, despite the current challenges we face with the economic downturn, which has had a huge impact on the city and our families and friends.

A lot has happened over the past five years and I truly hope that I will be able to play my part in continuing to “make it happen” in Airyhall, Broomhill, Garthdee and in Aberdeen.

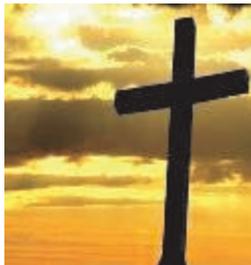
If you would like to contact me, my contact details are noted below:

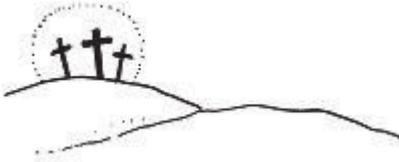
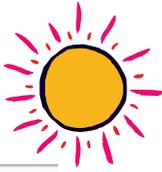
[Angelataylor@aberdeencity.gov.uk](mailto:Angelataylor@aberdeencity.gov.uk)

Mobile 07876 748527



**How can you make a cross from these five pieces?**





Can you find the words in capital letters below in the grid? (Mark 16: 1-8)

E	I	B	Q	R	O	L	L	E	D
F	A	E	J	E	S	U	S	X	Y
M	O	R	N	I	N	G	W	P	A
C	V	G	L	E	D	O	H	D	D
U	L	T	M	Y	V	C	T	H	N
Z	T	O	K	B	A	I	I	S	U
M	W	M	S	J	O	W	L	R	S
A	N	B	L	E	G	N	A	A	F
E	G	D	E	S	I	M	O	R	P

EARLY on SUNDAY MORNING the WOMEN went to the TOMB. They found the STONE had been ROLLED AWAY. An ANGEL told them that JESUS was ALIVE again, just as he had PROMISED!

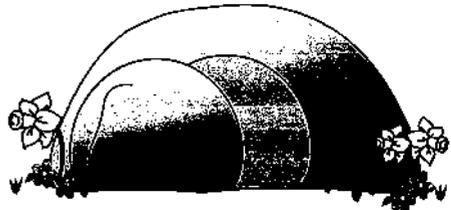
## Change-a-Word

Change the word **TOMB** to **RISE** in 4 steps by changing one letter at a time.

T O M B

\_\_\_\_\_  
\_\_\_\_\_

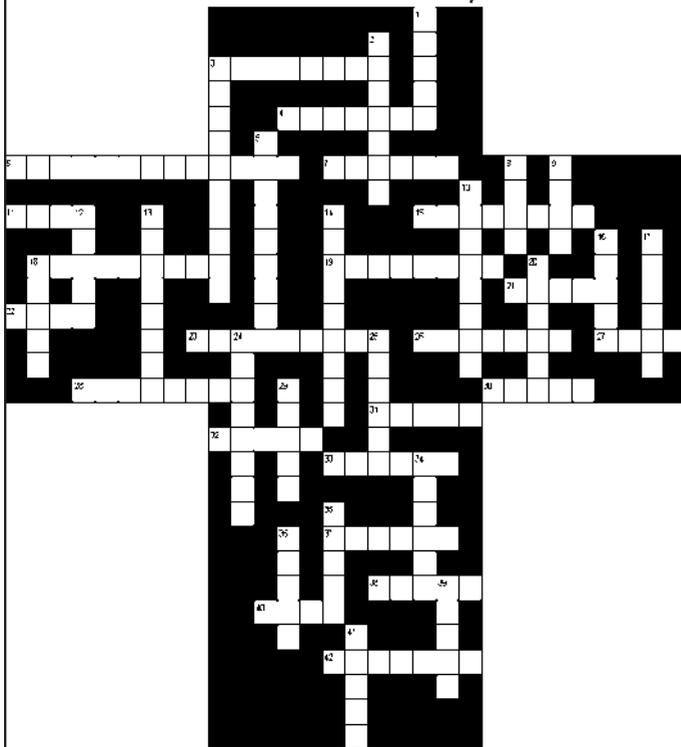
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
R I S E



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# The Easter Story



## Down

1. The father-in-law to the high priest. Jesus was first brought to him
2. Another name for the place of His crucifixion.
3. The garden where Jesus prayed before He was arrested
5. And it was the third hour, and they \_\_\_\_\_ Him.
6. This was written and set over His head: "\_\_\_\_\_ of the Jews"
9. Judas betrayed Jesus with a \_\_\_\_\_.
10. "Go ye into the world and preach the gospel to every \_\_\_\_\_."
12. Joseph took His body down and wrapped it in fine \_\_\_\_\_.
13. The prisoner released by Pilate instead of Jesus
14. The pharisee that brought spices for His burial
16. The apostle who betrayed the Christ
17. "Why seek ye the \_\_\_\_\_ among the dead?"
18. He was taken up; and a \_\_\_\_\_ received Him out of their sight.
20. Judas betrayed Jesus for thirty pieces of \_\_\_\_\_.
24. And they crucified Him, and parted His \_\_\_\_\_, casting lots:
25. He appeared to two disciples on the way to this village.
29. Jesus told Peter to feed His \_\_\_\_\_.
34. The Roman governor who washed his hands of the whole affair
35. This was rolled in front of the tomb and then sealed.
36. and His sweat was as it were great drops of \_\_\_\_\_.
39. The soldier pierced His side with this \_\_\_\_\_.
41. He is not here: for He is \_\_\_\_\_ as He said.

## Across

3. It means "A place of a skull;" Where He was crucified
4. These guys were crucified on each side of Him.
6. And He was numbered with the \_\_\_\_\_.
7. Jesus was anointed with precious ointment in preparation for His \_\_\_\_\_.
11. This part of the temple was torn in two from the top to the bottom
15. And when the sixth hour was come, there was \_\_\_\_\_ over the whole land.
18. This Roman said, "Truly this was the Son of God."
19. The high priest who said it was expedient that one man die for all.
21. The \_\_\_\_\_ of blood was purchased with the betrayal money
22. The disciple that took Mary home as his own mother
23. He appeared first unto Mary \_\_\_\_\_.
26. "Father, \_\_\_\_\_ them; for they know not what they do."
27. He shed His blood so our \_\_\_\_\_ would be forgiven.
28. The Last Supper was a celebration of this Jewish holiday
30. The ruler of Galilee
31. This was sent to strengthen Him when He was praying in the garden.
32. This apostle denied that He knew Jesus three times.
33. This wealthy man of Arimathea buried Him.
37. The doubtful apostle
38. "A spirit has not \_\_\_\_\_ and bones as ye see me have."
40. And they stripped Him, and put on Him a scarlet \_\_\_\_\_.
42. They gave Him this to drink when He was on the cross.

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ckdsheart.com

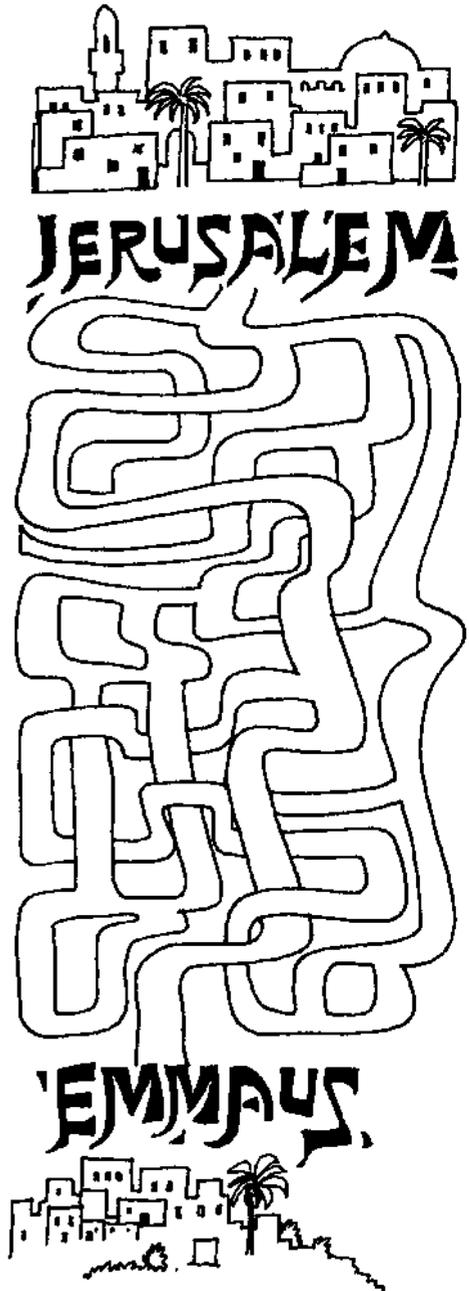
Cross off the wrong words  
in the boxes to make the story right

It was 3/17 days since Jesus had died,  
and two of the disciples were going  
to Jerusalem/Emmaus. Jesus  
appeared to them, but they  
hardly/did not recognise him.

Jesus told them how the  
prophets/angels in the Old Testament  
had said about what was going to  
happen to him.

The disciples/shepherds invited  
him in to their house, and they  
recognised him when he broke the  
chair/bread. Then they knew  
that Jesus really was alive.

Help the two disciples find their way  
from Jerusalem to Emmaus



December's answer: Clockwise from 12 - Oliver, David, Eric, Stephen, Clare,  
Tanya.

## North East Scotland's Wildlife

An important meeting will take place in Mannofield Church on the evening of Tuesday 18 April. Hosted by the Aberdeen and Aberdeenshire Network of Eco Congregation Scotland, the focus will be on wildlife recording.



Tea, coffee and biscuits will be served from 7pm, before the meeting proper starts at 7:30pm. The main speaker is Glenn Roberts of North East Scotland Biological Records Centre, who is talking about "Recording Local Wildlife and the Mammal Atlas of North-East Scotland".

Food and shelter are the vital attractions for wildlife. In addition to our gardens, there are great living quarters along the former Deeside railway line and in a few other odd corners. But most of our wildlife tries its best to stay well hidden. We only see the tip of a very large iceberg. In fact, there's probably more wildlife in Mannofield than on the average farm.

We are all quite used to common garden birds like the blackbird, robin or sparrow flitting about. Gardeners will be all too aware of the slugs, snails and creepy-crawlies that live off anything that grows. Foxes are not unusual in my garden, and one even seems to have palled up with a neighbour's cat! A roe deer has helped herself to my purple sprouting broccoli, contentedly chewing cud for about twenty minutes afterwards. One pest that is less common nowadays is the herring gull, thanks largely to the introduction of wheelie bins.

All are welcome to attend this free meeting. No need to book – just turn up!

*Alistair Stark, Convener,  
Mannofield Church Eco Committee*

## Church Pastoral Care Group Caring for Your Bones

Following the successful talk on Alzheimer's Disease by Sarah Geoghegan last year, the Pastoral Care Group's speaker for this year is Professor David Reid, an international expert in osteoporosis. His talk will hopefully help us all to take care of our bones as the years go by. Come along to Mannofield Church on Friday 28 April at 2.30pm – you will be most welcome. Tea will be served afterwards.



For further information contact Lesley Reid ☎ 01224 867874

## An Evening with .....



**Sunday 21 May at 7:30pm**

A concert is being held in Mannofield Church's newly refurbished sanctuary and is being given by Granite City Brass.

Please come along and enjoy an evening of music in beautiful surroundings.



Tickets cost £10 per person and will include refreshments.

Tickets can purchased:

From the office ☎01224 322239

Or after church services or

From Mairi Marr ☎07712 043094



## The Guild Cross of Stones



Each year the Guild nationally chooses and works on a theme. In 1997 (the 90th Anniversary of Mannofield Church's Guild) this was "Together for God".

One of the suggestions from the central Guild office in Edinburgh was that each lady (only ladies were Guild members in 1997) should take to a meeting a stone or pebble which in some way represented her.

Perhaps this stone came from her garden, from a favourite holiday destination, a picnic spot or a place with memories. Whatever its origins, it would have its own significance to the giver.

The idea was to set out night lights in the form of a cross and that in turn each lady placed her stone between the candles. She could then share the story behind the stone or simply put it down. The candles were then lit and by candlelight all thought and reflected on the stories - many sad, some funny, some happy occasions.

As you would expect Aberdeen is represented on the Cross by several pieces of granite but so too are many other places throughout Scotland including Iona, the cradle of Christianity in our country. There are stones also from other countries including Cyprus and the Holy Land, with stones from Jerusalem and the Sea of Galilee.

Apart from places, families were also represented as we have/had in our Guild sets of sisters, mothers and daughters, showing the continuity of Christian life within our church.

## Alpha @ Mannofield

The 2017 Alpha Course which has just finished, had the highest number of guests ever, with more than 20 people [from young to not-so young] most evenings enjoying a meal, the DVDs and discussions.

We also had a fruitful 'Awayday' at the Newhills Church conference centre.

Topics covered in the course are wide and varied and feedback indicates that people like the new and updated high definition DVDs we used which included a number of new speakers.

The discussion times often over-ran a little, demonstrating there is a desire to discuss Christian topics in a relaxed atmosphere. There was also a good uptake of people wanting to follow daily Bible readings as a result of the Bible reading topic.

Overall, those who came enjoyed the experience.

The Alpha Team looks forward to the next course and hopes more will come and see what an Alpha Course is like!



## Labyrinth

We are having a labyrinth during Holy Week. It will be open Tuesday to Saturday, 11 - 15 April as noted below.

A labyrinth is a pathway set out to help people contemplate in a peaceful way, with an opportunity to reflect on the various images and objects they come upon as they pass along.

The stations of the labyrinth are positioned for easy access, all downstairs and mostly in the Sanctuary.

It will typically take about 30-40 minutes to walk around the labyrinth and the meditative path starts at the Church's main entrance door.

Everybody is welcome and feel free to bring somebody new with you!

Tuesday: 11/4/17: 6-7pm

Wednesday: 12/4/17: 11-12 am and 6-7pm

Thursday: 13/4/17: 2-4pm and 6-7pm

Friday: 14/4/17: 5.30 - 6.30pm

Saturday: 15/4/17: 11am – 1pm



## Airyhall Primary School Spring Update



Airyhall School has already been busy this term, taking part in many whole school activities to enhance the opportunities and learning for pupils.

**Scots Afternoon** We held an open afternoon where parents and grandparents were invited to join classes for an afternoon, learning about the Scots Language and analysing text like Charlie and the Chocolate Works and The Sleetkit Mr Tod (Fantastic Mr Fox in Scots).

### **Yo Sushi Visits**

The Pupils in Primary 4 to 6 have been learning about Japan and to enhance their knowledge of the country, each class visited Yo-Sushi in the Bon Accord Centre. They learned how to make maki rolls and tasted some Japanese food.

### **Google Expeditions**

In February pupils were able to be transported to different sites around the world, including the Great Barrier Reef, the Great Wall of China and even the Moon with the use of Virtual Reality technology. The Google Expeditions team visited the school with their Virtual Reality headsets and using the Google Expeditions app the children explored the wonders of significant sites from around the world. This was a very popular activity and the children were able to take part in very rich learning conversations afterwards.

### **Scottish Opera**

Primary 5 and Primary 6 worked closely with the Scottish Opera group to perform a production of Tam O' Shanter. There were some fairly tricky songs to learn and then they had to learn the stage movements over one day. The results were amazing.

### **Fairtrade**

In March we have been celebrating all things Fairtrade with lots of whole school activities. The children have been involved in Fairtrade football tournaments, Fairtrade baking, Fairtrade coffee mornings, Fairtrade tuck shops and classes have even been visiting the local Co-op to complete Fairtrade treasure hunts.



### **Internet Safety**

The pupils, parents and staff have been working very closely together to discuss Internet Safety. On the week beginning the 27<sup>th</sup> March we will hold an Internet Safety Week where pupils will access information and participate in a wide range of activities to promote keeping safe whilst online. This will cover all aspects of Internet Safety including passwords and staying safe on social media. They will also take part in activities using new technology including coding activities.

### **Spring Show**

The Pupils from Primary 3 and Primary 4 will be performing their own show called 'Spring Around the World'. This will be our end of term show and we are all very much looking forward to it.

### **Rotary Quiz**

Airyhall Primary 7 Quiz Team entered the Rotary Primary Schools Quiz in March and we are delighted to say that we gained first prize. All the teams did a fantastic job and made their schools proud. We now go forward into the next round in April.

**Good Luck Airyhall!**



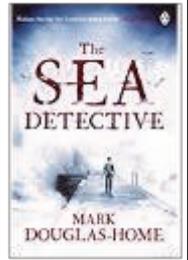
## Mannofield Book Group

3 May Meeting

**The Sea Detective** by Mark Douglas-Home

Cal McGill is an Edinburgh-based oceanographer, environmentalist and one-of-a-kind investigator.

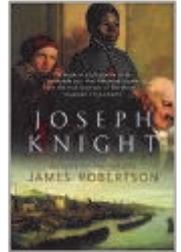
Using his knowledge of the waves - ocean currents, prevailing winds, shipping records - McGill can track where objects have come from, or where they've gone. It's a unique skill that can help solve all sorts of mysteries, such as when two severed feet wash up miles apart on two different islands off the coast of Scotland. Most strangely, forensic tests reveal that the feet belong to the same body. As Cal McGill investigates, he unravels a web of corruption, exploitation and violence, which threatens many lives across the globe - very soon including his own.



7 June meeting

**Joseph Knight** by James Robertson

Exiled to Jamaica after the horrors of the Battle of Culloden, the young Sir John Wedderburn quickly made a fortune, alongside his three brothers, as a sugar planter. When he returned to Scotland to marry and re-establish the family name, he brought with him Joseph Knight, a black slave, one of the first in Scotland, a token of his years in the Caribbean. At the end of his life, long after the Edinburgh court case which went to the heart of Scottish society, pitting master against slave, property against freedom, Wedderburn tries to track down Joseph Knight who has been missing for twenty-four years and whom he has never forgotten.



From the Highland battlefields to the Caribbean, from Enlightenment Edinburgh to the back streets of Dundee, James Robertson's novel is a tour de force that dramatically retells a fascinating but forgotten episode in Scottish history.

**For more information about Mannofield Book Group contact Niki Anderson on 01224 743484 or [nnikibob@aol.com](mailto:nnikibob@aol.com)**

## Coffee Stop

As you may realise the Centenary Hall is to become a Community Cafe. After waiting for our refurbishment to be completed it has become clear that our Coffee Stop will have to continue to meet at Airyhall Community Centre on the last Tuesday of the month and not return to the church premises as we hoped. This saddens me. Although this venue provides outreach to the Community it is not so convenient for the Mannofield members who do not have transport.

Be assured I value all your custom and friendship and accord you my best wishes.

*Maureen Allan*

# Saturday 10 June World Knit in Public Day



## YARN BOMBING at CRATHES

Decorate one of the trees on the drive up to Crathes Castle.



### WHY? FOR FUN!!

We need yarn - Acrylic - no wool.

We need knitters using size 8 (4mm) needles.

50 stitches.

30 inches long approx.

It can be crocheted, moss stitch, garter or stocking stitch.

Colour – the brighter the better!!

Use up all the little balls of wool!



### Come and join us in Yarn Bombing a tree at Crathes

Our Craft group meets in the Church every Thursday morning at 9.30am

Contact Rhoda Wright ☎ 01224 324415

or the church office ☎01224 310087.

Hello, I'm David Cowie and I have just started as one of the Sergeants here at the West End and Hazlehead Community Policing Team. I am a proud father of two boys aged 9 and 7. They are extremely active and my role has already changed from father to taxi driver! I coach my eldest son's football team and take great satisfaction from seeing these boys developing into a strong group of friends who also work well as a team.

I have been in the Police for just over 12 years and previously worked in the area. It's good to be back to see what has changed. The first thing I notice is I'm a bit older and the staff look a bit younger!

I have worked in a variety of roles in my 12 years' service including neighbourhood, response and CID roles but I can genuinely say the role I enjoy the most is being involved with Community Policing.

My current role involves assisting the Inspector in any way I can to ensure the other Sergeants and Officers can spend the maximum time dealing with and helping members of the public.

In the short time I have been here I have been very impressed with the attitude of the Officers who are motivated to go out and do their job. I have been equally pleased with the willingness the public have shown to pick up the telephone and report on - going or suspicious incidents.

Please continue to call the Police if something doesn't look right as there is no better feeling as a Police officer than dealing efficiently with an incident and helping the public.

Two issues which have regularly reared their heads in the area are acquisitive crime and road traffic incidents.

The West End and Hazlehead Community Policing Team is constantly reaffirming the message that if properties and vehicles are secured it is very difficult for thieves to gain entry. These simple steps greatly reduce the likelihood of being a victim of a crime. I would encourage everyone to make it as difficult as possible for thieves to succeed.

In relation to road traffic incidents and safety. The West End and Hazlehead Community Policing Team is working hard to ensure that both pedestrians and vehicle drivers are safe and enjoy the roads. We have been working closely with schools in the area and are out with the Muniquip gun in areas where the public are directing us to target. This is having a positive effect in the area but I would urge everyone again to ensure they are aware of speed limits and ensure vehicles are road worthy.

I look forward to meeting and speaking to as many people in the area as possible.

Please don't hesitate to contact us if you have an issue, either via our national '101' number (it's still '999' in an emergency) or by e-mail for non-crime related enquiries at

[AiryhallBroomhillGarthdeeCPT@scotland.pnn.police.uk](mailto:AiryhallBroomhillGarthdeeCPT@scotland.pnn.police.uk).

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## Business Rates and Council Tax

My inbox has been filled by local businesses who face enormous increases in their business rates. I have been active in supporting employers that were crying out for help.

Many businesses are not going to benefit from the measures announced. While the action from the Finance Secretary was very welcome, it does not go far enough and only provides relief for one year. We do not want all our businesses to be back in the same position again next year.

Also dominating my inbox are messages from constituents about to be hit by a Council Tax hike.

Households across Aberdeen City are facing hefty Council Tax increases due to a decision by the Scottish Government.

These Council Tax increases leave thousands of local people in Aberdeen facing increases in their bills of anywhere between £113 in Band E and £600 in Band H.

Across the city, 30,016 properties will be affected by the Scottish Government's Council Tax, disproportionately hitting this area.

The bill in my ward of Hazlehead, Ashley and Queen's Cross will account for about £1.6million. while the Lower Deeside ward will contribute more than £1.2million.

I know many residents who have owned their home for over 30 years and as much as they live in a band H property they simply do not have the income to pay. They are therefore asset rich but income poor. Given the downturn in oil and gas with the numbers of people who have been made redundant this is even more common.

After a nine-year Council Tax freeze, people will not object to paying a little bit more, provided they see improvement in local services. However, this comes while the Scottish government is cutting funding for Aberdeen in real terms by nearly £15million, making it increasingly difficult to maintain frontline services.

I would like to take this opportunity to wish all of my constituents a very happy and peaceful Easter.

*Ross Thomson MSP*



## RICH Fruit Loaf

*Frances Walker*



### Ingredients

12ozs Fruit (mixture of raisins and sultanas)  
2 ozs chopped cherries  
4 ozs soft brown sugar  
1 tea spoon mixed spices

### Method

Soak the above ingredients for 24 hours in half a pint of cold strong tea.

Then add:

8 ozs self raising flour  
1 beaten egg  
Mix thoroughly and spoon into 2 lined 1 lb loaf tins.  
Bake at 160°C for 75 minutes.

**ENJOY!**

# NOTES & NEWS

## Gift Aid

Sandy McKenzie, our Gift Aid Convener, wishes to thank all who have forwarded Gift Aid payments in the current tax year.



He would be pleased to receive all outstanding amounts, either deposited in the Church plate or church office in a clearly marked envelope by 5 April 2017.

## TABLE TOP SALE



**Mannofield  
Balmanno Hall**

**Saturdays 22 April  
20 May**

10am - 12noon

Book a table at a cost of £10 to sell your own items.

## Quiz Night

**A DATE  
FOR YOUR  
DIARY**



**Saturday  
30 September at 7 for 7.30p.m.**

Bring your own hamper!  
Come as a team of 4-6 or join one on the night.  
Coffee or tea provided during scoring.

# FLOWER CALENDAR

## APRIL



- 2 Mrs R. Wallace
- 9 Miss Youngson's Legacy
- 16 Mrs Audrey Milne
- 23 Mrs Liz Byers
- 30 Mrs Ellen Smith

## MANNOFIELD LUNCH CLUB Thursday 20 April Balmanno Hall

Lunch served 1pm,  
Entertainment 2-3pm  
Cuppa at 2.30pm  
Cost: £5

All welcome  
Need transport?  
**Contact: Lynn Allan**



£1819 was collected on our Christmas Eve and Christmas Day Services for Aberdeen Presbytery Syrian Appeal.



# CHURCH CONTACTS

[www.mannofieldchurch.org.uk](http://www.mannofieldchurch.org.uk)

Minister	Rev Keith Blackwood	<a href="mailto:kblackwood@churchpfscotland.org.uk">kblackwood@churchpfscotland.org.uk</a>	01224315748
Student Assistant Minister	Alex Evangelista	<a href="mailto:alex.evangelista@ptsem.edu">alex.evangelista@ptsem.edu</a>	01224314730
Secretary	Jean Sharman	<a href="mailto:office@mannofieldchurch.org.uk">office@mannofieldchurch.org.uk</a>	01224310087
Church Officer	Nick Youngson	<a href="mailto:nick.youngson@o2.co.uk">nick.youngson@o2.co.uk</a>	01224322239
Session Clerk	Bob Anderson	<a href="mailto:Nnikibob@aol.com">Nnikibob@aol.com</a>	01224743484

## CONGREGATIONAL REGISTER

### Baptism:

5 February Alexander MacLaren Fisher

### Disjunctions:

Mrs. Yvonne Anderson

Mrs. Aida Smith

### Deaths:

22 January Mr William Charles Morris,

10 February Mrs Audrey Reekie

### Change of Address:

Mrs. Joan Miller

**The deadline for the MAY issue of the *Mini InSpire* is 20 APRIL**

Material for *InSpire* should be deposited in the Church Office or emailed to:

[roddy@mccollassociates.com](mailto:roddy@mccollassociates.com)  
[office@mannofieldchurch.org.uk](mailto:office@mannofieldchurch.org.uk)



## OLD GOLD and SILVER

Help us turn unwanted gold and silver into funds to support your local church and community facilities.

**WHAT?** Old watches & straps, odd links, chains, Earrings, cufflinks, rings, spoons etc.....

**WHERE?** Leave donations at the church office or at church on a Sunday or ring the office to arrange collection 01224 310087

**WHEN?** Any time from now until the end of June

**THANK YOU**

## Prayer at Mannofield.

A group meets every Wednesday in the Sanctuary at 9.45am. All are welcome.

There is a confidential **prayer circle** to contact for prayer on a particular day, for a particular issue or for a friend.

Contact: Anne Thompson on 01224 681384

or [prayer.mannofield@gmail.com](mailto:prayer.mannofield@gmail.com)



Use the **prayer tree**. Add your request on a leaf.

## MANNOFIELD GUILD



### April

4 *Go in Joy at Easter*  
7.30pm  
Balmanno Hall

6 **COFFEE MORNING**,  
10am  
Balmanno Hall

### May

18 *Annual General Meeting*

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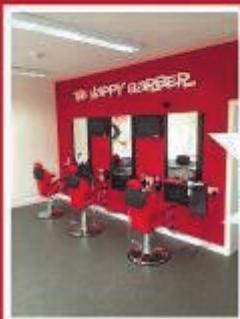
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01224 743288

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Portlethen, AB12 4UN  
01224 379200



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# FREE 5 week courses for parents of 0-10 and 11-19 year olds

## TOPICS

- ▶ Building Strong Foundations
- ▶ Meeting Our Children's Needs
- ▶ Setting Boundaries
- ▶ Teaching Healthy Relationships
- ▶ Our Long-Term Aim

## TOPICS

- ▶ Keeping The End In Mind
- ▶ Meeting Our Teenagers' Needs
- ▶ Setting Boundaries
- ▶ Developing Emotional Health
- ▶ Helping Them Make Good Choices

2<sup>nd</sup> – 30<sup>th</sup> May Mannofield Church  
Every Tuesday Great Western Road  
7.15 – 9.15am Aberdeen, AB10 6UZ

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